

# COURTYARD CAFE

## LUNCH MENU

please see our blackboards for Courtyard specials

### Sandwiches

**The Traditional 4.5**

cheddar cheese and tomato

**Humous and Avocado (V) 6**

with roasted peppers, pumpkin seeds, and rocket

**Tuna Salad 5.5**

tuna, tomato, cucumber, rocket, and mayo

**Smoked Salmon and Cream Cheese 7**

with rocket, a squeeze of lemon and black pepper

**BLT 6.5**

crispy bacon rashers, lettuce, tomato, and mayo

### Open Sandwiches

**Greek 7.5**

humous, feta, olives, roasted peppers, vine tomatoes, cucumber, and leaves

**Scandi 7.8**

smoked salmon, dill yoghurt, gherkins, cucumber, and leaves

**Tuscan 7.5**

pesto, mozzarella, sun blushed tomatoes, olives, roasted peppers, and leaves

### Toasties

**The Vegan (V) 7**

roasted aubergine slices, spicy cumin chickpeas, fresh coriander, smashed avocado, chilli jam and rocket

**Halloumi + Roasted Peppers 7.5**

with avocado, chilli jam, and rocket

**Mozzarella, Sun Blushed Tomatoes + Pesto 6.5**

with olives and rocket

**Spicy Tuna 6.5**

tuna, mozzarella, olives, chilli flakes, and rocket

**The Goat 7**

goats' cheese, chilli beetroot, and rocket

### Nippers

**Sandwich Stack 3.5**

choice of cheddar, tuna, marmite, peanut butter or jam finger sandwiches

**Humous + Veggie Dippers 3.5**

served with bread sticks

all served in your choice of Redbournbury wholemeal seedy, white sourdough or gluten free sourdough bread  
(V) Vegan



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