

# COURTYARD CAFE

please see our blackboards for our Courtyard specials

## BREAKFAST AND BRUNCH

Breakfast (served until 11.30am)

### **The Covent Garden 10 (V)**

garlic roasted sweet red pepper, balsamic mushrooms, roasted baby vine tomatoes, wilted baby spinach, humous with pumpkin seeds and avocado, served with seedy Redbournbury, or sourdough toast

### **The Smithfield 10**

2 thick crispy bacon rashers, 2 free range fried eggs, balsamic mushrooms, roasted baby vine tomatoes, wilted baby spinach, served with seedy Redbournbury, or sourdough toast

Brunch Bites (served all day)

### **Shoreditch Avocado on Toast 7 (V)**

toasted seedy Redbournbury or sourdough topped with smashed avocado, chilli flakes, pumpkin seeds, and a squeeze of lime, served with a scattering of rocket leaves. (Add a 'bolt ons': smoked salmon 4, bacon rashers 2, or egg 1)

### **Scrambled Eggs and Smoked Salmon 8.5**

scrambled free range eggs, slices of smoked salmon, fresh dill and a squeeze of lemon served with seedy Redbournbury or sourdough toast

### **Eggs on Toast 5.5**

A couple of free range eggs - cooked the way you like, served with seedy Redbournbury or sourdough toast and butter

### **Bacon Buttie 5.5**

crispy bacon rashers in buttered sourdough - why not add a fried egg for an extra quid!

Fruit + Grains

### **Granola Bowl 6.5 (V)**

Busy Bee gluten free granola, Greek yogurt or coconut milk, topped with Courtyard berry compote, banana, berries and chia seeds

### **Porridge Pot 4.5 (V)**

porridge made with milk or oat milk and topped with banana, blueberries, and cinnamon sugar

Toast & Pastries

### **Aussie Raisin and Cinnamon Toast 3**

served with butter

### **Seedy Redbournbury or Sourdough Toast 2**

served with butter

Jam, marmalade, honey, marmite, peanut butter, Biscoff or tahini 50p

**Selection of Artisan Pastries from 2**

**Our Hertfordshire roasted Nairobi Coffee is Coffee Rainforest Alliance Certified**

(V) Vegan. Please ask about our gluten free options and allergens.  
Free BT Guest Wifi, no passcode!



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